



**SeniorCare Experts 896-2316**  
**Chef-Prepared Meals by Masonic Homes of Kentucky**  
**Dining Services General Manager: Gary McCurdy**  
**East Louisville and South Louisville**



**May-10**

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |  |
|--|---|--|---|---|--|
| <b>5/3/10</b>  | <b>5/4/10</b>   | <b>5/5/10</b>  | <b>5/6/10</b>   | <b>5/7/10</b>   |  |
| Southern Fried Chicken<br>Hashbrown Casserole<br>Green Beans<br><br><i>Chef Salad</i>        | London Broil<br>Baked Potato<br>Capri Blend Vegetables<br><br><i>Chef Salad</i>             | Fettuccini Alfredo<br>with Chicken<br>Steamed Broccoli<br><br><i>Chef Salad</i>          | Fried Pork Chop<br>Mashed Potatoes/gravy<br>Mixed Vegetables<br><br><i>Chef Salad</i>               | Chicken & Dumplings<br>Steamed peas<br>Beets<br><br><i>Chef Salad</i>   | <b>ALL LUNCHEES<br/>INC. BREAD<br/>DESSERT AND<br/>BEVERAGE.</b> |
| <b>5/10/10</b>   | <b>5/11/10</b>  | <b>5/12/10</b>   | <b>5/13/10</b>  | <b>5/14/10</b>  | <b>** DESSERT CHOICE:</b>  |
| Southern Fried Chicken<br>Homemade Stuffing<br>Seasoned Green Beans<br><br><i>Chef Salad</i> | Flank Steak w/gravy<br>Garlic Mashed Potatoes<br>Steamed Asparagus<br><br><i>Chef Salad</i> | Cheese Ravioli<br>W/ Marinara Sauce<br>Squash & Zucchini Medley<br><br><i>Chef Salad</i> | Baked Pork Chop<br>Baked Sweet Potato<br>Greenbean Casserole<br><br><i>Chef Salad</i>               | Chicken Cordon Bleu<br>Mashed Potatoes<br>Baby Carrots<br><br><i>Chef Salad</i>                                       | <b>REGULAR OR SUGAR<br/>FREE</b>                                 |
| <b>5/17/10</b>   | <b>5/18/10</b>  | <b>5/19/10</b>   | <b>5/20/10</b>  | <b>5/21/10</b>  | <b>CHOICE: 2% Milk,</b>  |
| Southern Fried Chicken<br>AuGratin Potatoes<br>Baby Carrots<br><br><i>Chef Salad</i>         | Pepper Steak<br>Buttered Rice<br>Seasoned Green Beans<br><br><i>Chef Salad</i>              | Country Fried Steak<br>with country gravy<br>Mixed Vegetables<br><br><i>Chef Salad</i>   | BBQ Chicken<br>Macaroni & Cheese<br>Mixed Vegetables<br><br><i>Chef Salad</i>                       | Beef Stroganoff<br>over biscuit<br>Peas & Carrots<br><br><i>Chef Salad</i>  | <b>Juice of the Day</b>  |
| <b>5/24/10</b>   | <b>5/25/10</b>  | <b>5/26/10</b>   | <b>5/27/10</b>  | <b>5/28/10</b>  |  |
| Southern Fried Chicken<br>Herbed Dressing<br>Green Beans<br><br><i>Chef Salad</i>            | Roast Beef w/gravy<br>Mashed Potatoes<br>Peas<br><br><i>Chef Salad</i>                      | Spaghetti w/meat sauce<br>Breaded Eggplant<br><br><i>Chef Salad</i>                      | Honey Glazed Chickn Breast<br>Red Skin Mashed Potatoes<br>Steamed Broccoli<br><br><i>Chef Salad</i> | Roast Pork Loin<br>Oven Brown Potatoes<br>Stewed Tomatoes<br><b>** Extra Holiday Delivery **</b><br><i>Chef Salad</i> | <b>FROZEN WEEKEND<br/>POT LUCK</b>                               |
| <b>5/31/10</b>   |   |  |   |   |  |
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| <b>Memorial Day Holiday</b><br><b>No Delivery</b> |  |  |  |  |
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