



SeniorCare Experts 896-2316
Chef-Prepared Meals by Masonic Homes of Kentucky
Dining Services General Manager: Gary McCurdy
East Louisville and South Louisville



May-10

Monday	Tuesday	Wednesday	Thursday	Friday	
5/3/10	5/4/10	5/5/10	5/6/10	5/7/10	
Southern Fried Chicken Hashbrown Casserole Green Beans <i>Chef Salad</i>	London Broil Baked Potato Capri Blend Vegetables <i>Chef Salad</i>	Fettuccini Alfredo with Chicken Steamed Broccoli <i>Chef Salad</i>	Fried Pork Chop Mashed Potatoes/gravy Mixed Vegetables <i>Chef Salad</i>	Chicken & Dumplings Steamed peas Beets <i>Chef Salad</i>	ALL LUNCHEES INC. BREAD DESSERT AND BEVERAGE.
5/10/10	5/11/10	5/12/10	5/13/10	5/14/10	** DESSERT CHOICE:
Southern Fried Chicken Homemade Stuffing Seasoned Green Beans <i>Chef Salad</i>	Flank Steak w/gravy Garlic Mashed Potatoes Steamed Asparagus <i>Chef Salad</i>	Cheese Ravioli W/ Marinara Sauce Squash & Zucchini Medley <i>Chef Salad</i>	Baked Pork Chop Baked Sweet Potato Greenbean Casserole <i>Chef Salad</i>	Chicken Cordon Bleu Mashed Potatoes Baby Carrots <i>Chef Salad</i>	REGULAR OR SUGAR FREE
5/17/10	5/18/10	5/19/10	5/20/10	5/21/10	CHOICE: 2% Milk,
Southern Fried Chicken AuGratin Potatoes Baby Carrots <i>Chef Salad</i>	Pepper Steak Buttered Rice Seasoned Green Beans <i>Chef Salad</i>	Country Fried Steak with country gravy Mixed Vegetables <i>Chef Salad</i>	BBQ Chicken Macaroni & Cheese Mixed Vegetables <i>Chef Salad</i>	Beef Stroganoff over biscuit Peas & Carrots <i>Chef Salad</i>	Juice of the Day
5/24/10	5/25/10	5/26/10	5/27/10	5/28/10	
Southern Fried Chicken Herbed Dressing Green Beans <i>Chef Salad</i>	Roast Beef w/gravy Mashed Potatoes Peas <i>Chef Salad</i>	Spaghetti w/meat sauce Breaded Eggplant <i>Chef Salad</i>	Honey Glazed Chickn Breast Red Skin Mashed Potatoes Steamed Broccoli <i>Chef Salad</i>	Roast Pork Loin Oven Brown Potatoes Stewed Tomatoes ** Extra Holiday Delivery ** <i>Chef Salad</i>	FROZEN WEEKEND POT LUCK
5/31/10					

Memorial Day Holiday No Delivery				
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