



SeniorCare Experts 896-2316

Chef-Prepared Meals by The Catering Company



Buechel, Fern Creek, Jeffersontown SEPTEMBER 2010

Monday	Tuesday	Wednesday	Thursday	Friday	
		1	2	3	4
	Holiday Meals delivered **on Friday, Sept. 3**	Breaded Pork Chop Mashed Sweet Potatoes Green Beans OR <i>Roast Beef Sandwich on Wheat Bread</i>	Chicken Pot Pie Megetables in the pot pie Peaches OR <i>Chicken Salad Sandwich on Wheat Bread</i>	Meatballs with spaghetti Cauliflower Hawaiian Salad OR <i>Tuna Fish Sandwich on Wheat Bread</i>	ALL LUNCHESES INC. BREAD DESSERT OR FRUIT AND BEVERAGE. ** DESSERT CHOICE: REGULAR OR SUGAR
6	7	8	9	10	FREE
Labor Day Holiday No Meal Delivery	Chicken Tacos Southwest Corn Salad Pears OR <i>Ham Sandwich on Wheat Bread</i>	Pork BBQ Broccoli Mandarin Oranges OR <i>Roast Beef Sandwich on Wheat Bread</i>	Chicken Tetrzzini Snap pea Vegetable Mix Fruit OR <i>Chicken Salad Sandwich on Wheat Bread</i>	Meatloaf Macaroni & cheese Carrots OR <i>Tuna Fish Sandwich on Wheat Bread</i>	
13	14	15	16	17	CHOICE: 2% Milk, Juice of the Day
Glazed Ham Rice with cheese and Broccoli Mixed vegetables OR <i>Turkey Sandwich on Wheat Bread</i>	Baked Ziti with Sausage Green Beans Canned apples OR <i>Ham Sandwich on Wheat Bread</i>	Hamburgers Sweet Potatoes Tossed salad OR <i>Roast Beef Sandwich on Wheat Bread</i>	Fried Chicken Aoolesauce 3-bean Salad OR <i>Chicken Salad Sandwich on Wheat Bread</i>	Baked Chicken Patties Mashed Potatoes Mixed Greens OR <i>Tuna Fish Sandwich on Wheat Bread</i>	
20	21	22	23	24	FROZEN WEEKEND MEALS ARE POTLUCK
Pot Luck	Italian Chicken Cauliflower Fuit OR <i>Ham Sandwich on Wheat Bread</i>	Caesar Chicken Wrap Green Beans Fruit OR <i>Roast Beef Sandwich on Wheat Bread</i>	Sloppy Joes with sauce Squash with butter Mandarin Oranges OR <i>Chicken Salad Sandwich on Wheat Bread</i>	Beef Burritos Stewed Tomatoes Peaches OR <i>Tuna Fish Sandwich on Wheat Bread</i>	
27	28	29	30		Menu items subject to change without notice.
Cheesey Pizza Bread Green Beans Fruit OR <i>Turkey Sandwich on Wheat Bread</i>	Chicken & Peppers Lima Beans Fruit OR <i>Ham Sandwich on Wheat Bread</i>	Beef Stew Cornbread Green Beans OR <i>Roast Beef Sandwich on Wheat Bread</i>	Fried Chicken Mashed Potatoes Mixed Vegetables OR <i>Chicken Salad Sandwich on Wheat Bread</i>		